

2018 TCAL Track & Field Trials
Wednesday, May 09, 2018
Tracy High School

Track Event Schedule

4:00 Start time

F/S Girls	100 M Intermediate Hurdles 33"
Varsity Girls	100 M Intermediate Hurdles 33"
F/S Boys	110 M Intermediate Hurdles 36"
Varsity Boys	110 M High Hurdles 39"
F/S Girls	400 M
F/S Boys	400 M
Varsity Girls	400 M
Varsity Boys	400 M
F/S Girls	100 M
F/S Boys	100 M
Varsity Girls	100 M
Varsity Boys	100 M
F/S Girls	800 M
F/S Boys	800 M
Varsity Girls	800 M
Varsity Boys	800 M
F/S Girls	300 M Low Hurdles 30"
Varsity Girls	300 M Low Hurdles 30"
F/S Boys	300 M Low Hurdles 33"
Varsity Boys	300 M Intermediate Hurdles 36"
F/S Girls	200 M
F/S Boys	200 M
Varsity Girls	200 M
Varsity Boys	200 M

Note: There are no trials in the 1600 M, 3200 M, 400 M Relay, or 1600 M Relay.
 If there are 9 or fewer athletes in an event, they automatically move on to finals.

Field Event Schedule (trials and finals are conducted on the same day)

Top 9 in the throws and horizontal jumps move into finals.

F/S Boys Discus	2:00 PM	Varsity Boys Discus	4:00 PM
F/S Girls High Jump	2:00 PM	Varsity Girls High Jump	4:00 PM
F/S Boys Triple Jump	2:00 PM (North Pit)	Varsity Boys Triple Jump	4:00 PM
F/S Boys Pole Vault	2:00 PM	Varsity Boys Pole Vault	4:00 PM
F/S Girls Shot Put	2:00 PM	Varsity Girls Shot Put	4:00 PM
F/S Girls Long Jump	2:00 PM (South Pit)	Varsity Girls Long Jump	4:00 PM

(Unified athletes in the Long Jump and Shot Put should compete at the same time as Frosh/Soph.)

TCAL Track & Field Finals

Friday May 11, 2018

Tracy High School

(Top 4 advance to the Sac Joaquin Division I Section meet at Elk Grove H.S.)

Track Events Schedule

4:00 Start

F/S Girls	400 M Relay
F/S Boys	400 M Relay
Varsity Girls	400 M Relay
Varsity Boys	400 M Relay
F/S Girls	1600 M
F/S Boys	1600 M
Varsity Girls	1600 M
Varsity Boys	1600 M
F/S Girls	100 M Intermediate Hurdles 33"
Varsity Girls	100 M Intermediate Hurdles 33"
F/S Boys	110 M Intermediate Hurdles 36"
Varsity Boys	110 M High Hurdles 39"
F/S Girls	400 M
F/S Boys	400 M
Varsity Girls	400 M
Varsity Boys	400 M
Girls Unified	100 M
Boys Unified	100 M
F/S Girls	100 M
F/S Boys	100 M
Varsity Girls	100 M
Varsity Boys	100 M
F/S Girls	800 M
F/S Boys	800 M
Varsity Girls	800 M
Varsity Boys	800 M
F/S Girls	300 M Low Hurdles 30"
Varsity Girls	300 M Low Hurdles 30"
F/S Boys	300 M Low Hurdles 33"
Varsity Boys	300 M Intermediate Hurdles 36"
F/S Girls	200 M
F/S Boys	200 M
Varsity Girls	200 M
Varsity Boys	200 M
F/S Girls	3200 M
F/S Boys	3200 M
Varsity Girls	3200 M
Varsity Boys	3200 M
F/S Girls	1600 M Relay
F/S Boys	1600 M Relay
Varsity Girls	1600 M Relay
Varsity Boys	1600 M Relay

Field Event Schedule (trials and finals are conducted on the same day)

Top 9 in the throws and horizontal jumps move into finals.

F/S Girls Discus	2:00 PM	Varsity Girls Discus	4:00 PM
F/S Boys High Jump	2:00 PM	Varsity Boys High Jump	4:00 PM
F/S Girls Triple Jump	2:00 PM (North Pit)	Varsity Girls Triple Jump	4:00 PM
F/S Girls Pole Vault	2:00 PM	Varsity Girls Pole Vault	4:00 PM
F/S Boys Shot Put	2:00 PM	Varsity Boys Shot Put	4:00 PM
F/S Boys Long Jump	2:00 PM (South Pit)	Varsity Boys Long Jump	4:00 PM

(Unified athletes in the Long Jump and Shot Put should compete at the same time as Frosh/Soph.)