

Tracy High School Girls' Tennis
Expectations of Participation
2018-2019

- ❖ All players will be expected to abide by the Tracy High Athletic Department policies and expectations from the Tracy Unified School District Athletic Parent/ Student Handbook on Tracyhighsports.com. Be sure to read and refer to that handbook.
- ❖ Practices will be mandatory. If you need to miss a practice for a legitimate reason, you must call or see Coach Demsher before practice. This is your responsibility, not that of your parents or guardians. Coach Demsher can be reached in room D107 at Tracy High at 830-3360 extension 2149 or on his cell at (209) 986-6389. Messages can be left at both places. You can also e-mail pdemsher@tusd.net or pdemsher@gmail.com. Missing a practice for an unacceptable reason may result in you being replaced for the next match. Playing a varsity sport takes dedication and commitment.
- ❖ Players will earn the privilege of playing in matches by their rank on the team ladder. An initial ladder will be set by the coaching staff and challenge matches will be scheduled early in the season. The ladder will be locked for the first half of league play, with challenges re-opening at the middle of the season. Placement on the ladder will be strictly enforced for singles play and considered for doubles team configuration as well as style of play and team cohesion.
- ❖ Uniforms when purchased should be worn for all matches. TCAL varsity matches, and most pre-season matches, will be played in a 6 singles and three doubles format. When it is possible, we will include additional players in matches for experience in competition that will not count towards match points. This will depend on opposing team agreement, court availability and transportation.
- ❖ All players should practice and play matches with their best efforts put forward. Players should try their hardest to learn and improve their game and be good sports at all times. Players will be expected to play, win and lose honorably.
- ❖ Parents and spectators will also be asked to abide by guidelines of good character, ethics and sportsmanship. Positive encouragement of all members of the team is expected at all times, and respect for opponents is also expected. Coaching during matches is to be done only by coaches during matches on changeovers at odd numbered games with a one-minute time limit. Players are required to remain at matches until conclusion, unless arrangements have been approved in advance for legitimate reasons.
- ❖ **Awards/Lettering-** Players that participate in league matches, in the official match, will be awarded letters at the end of the year team celebration. All League patches will be awarded to players that reach the finals of the TCAL tournament.

August 2018

August 2018							September 2018						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jul 29	30	31	Aug 1	2	3	4
5	6 3:30pm	7	8 Practice	9	10	11 5:00pm
12	13 3:00pm Sierra Scrimmage (THS)	14 3:00pm Lethrop Scrimmage (Manteca Tennis 2:15 Dismiss)	15 3:30pm	16 Practice	17	18 6:30pm
19	20 3:30pm Practice	21 3:00pm Manteca (THS)	22 3:30pm Practice	23 3:00pm Kimball (THS)	24 3:30pm Practice	25
26	27 3:30pm Practice	28 3:00pm Granada (THS)	29 3:00pm	30 Practice	31	Sep 1 5:00pm

September 2018

September 2018

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

October 2018

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Aug 26	27	28	29	30	31	Sep 1
2	3 3:30pm	4 Practice	5 Practice	6 5:00pm	7 Freedom Tourney (Neroly Rd, Oakley)	8
9	10 3:30pm Practice	11 2:00pm At Tokay (Tokay High 2:00 Dismiss)	12 3:30pm Practice	13 3:30pm Practice	14	15
16	17 3:30pm Practice	18 2:00pm At St. Mary's (St. Mary's 2:00 Dismiss)	19 3:00pm Lodi (THS-2:45 Dismiss)	20 3:30pm Practice	21 Practice 5:00pm	22
23	24 3:30pm Practice	25 2:30pm At West (WHS 2:30 Dismiss)	26 3:30pm Practice	27 2:45pm Tokay (THS 2:45 Dismiss)	28	29
30	Oct 1	2	3	4	5	6

October 2018

October 2018							November 2018						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6		4	5	6	7	8	9	10
7	8	9	10	11	12	13	11	12	13	14	15	16	17
14	15	16	17	18	19	20	18	19	20	21	22	23	24
21	22	23	24	25	26	27	25	26	27	28	29	30	
28	29	30	31										

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sep 30	Oct 1 3:30pm Practice	2 2:45pm At Lincoln (Lincoln- 2:00 Dismiss)	3 3:30pm Practice	4 2:45pm St. Mary's (THS 2:45 Dismiss)	5	6
7	8 <i>Lincoln Home</i> <i>2:45 Dismiss</i>	9 Practice	10 5:00pm	11 2:45pm West (THS 2:45 Dismiss)	12	13
14	15 3:30pm Practice	16 2:00pm At Lodi (Twin Arbors- 2:00 Dismiss)	17 3:30pm Practice	18 Practice <i>TCAL Singles</i>	19 Homecoming Parade/Game/Dance (THS) <i>TCAL Doubles</i>	20
21	22 8:00am ICAL Tennis Tourney	23 8:30am	24 3:30pm Practice	25 Practice	26	27
28	29 2:00pm CIF Team Tennis???	30	31	Nov 1 <i>CIF Individual's</i>	2	3